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# Catch and Release by Carol Farkas

It's a gospel! Go out and spread it!

No kill

Return fish safely to water

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# Not a new idea

- Dame Juliana Berners – Treatise of Fishing with an Angle (1496)
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# History lessons

- 1850's – huge fish kills in the Northeastern US
- 1864 First hatchery – Caledonia, NY
- Lee Wulff

*A game fish is too valuable to be caught only once.*

Worked for legislation

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# Changing Anglers' Behavior

- Regulations = larger fish
- Need to care for our habitat

Logging, agriculture, industry, dams, and development

Invasive species – Unwanted fish, Zebra Mussels, and Didymo (Rock Snot). Clean boat, boots and gear.

- Join a club or two: FFF and Trout Unlimited

Stream improvements

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# Suggestions for Catch and Release

- Match tackle to fish
  - Use barbless hooks or pinch barb down
  - Carefully net or guide fish into shallows
  - Keep fish in water
  - Use care dislodging hook
  - Swallowed – Cut tippet close to fly
  - Soft tape measure
  - Wet hands. Don't squeeze or drop fish.
  - Fast photo
  - Revive fish
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# Teach the young!



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# Fly-fishing Etiquette

*Remember what your mother told  
you about sharing?*

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# Stream-side Tips

- Make sure you have a license.
- Ask permission to fish posted land.
- Greet other fisherman but give them privacy.
- Use diplomacy when others stand too close.



*"This looks like a good spot, mamma, bring grandma and the kids!"*

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# More stream-side tips

- Share a good fly with another fisherman.
  - Take your trash with you.
  - If someone tells you about a secret fishing spot, never reveal it.
  - Counting fish and competition spoil the fun.
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**Don't take your  
mentors for granted.**

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